

PHYSICAL EDUCATION

WJEC AS/A2

ENTRY REQUIREMENTS

Grade B at GCSE with a **PASS** in the theory element of the GCSE. Non GCSE students will be considered based on science outcomes.

COURSE CONTENT

YEAR 12 - AS UNIT 1 - 72 MARKS - WRITTEN EXAM

ANATOMY & PHYSIOLOGY
SPORTS PSYCHOLOGY
SPORTS SOCIOLOGY
HISTORY OF SPORT

YEAR 12 - AS UNIT 2 - 48 MARKS PRACTICAL

PERFORMANCE - MAIN SPORTING ACTIVITY (24)
COACHING - SPORTS COACHING SESSION (12)
PHYSICAL PERFORMANCE PROGRAMME (PPP) (12)

YEAR 13 - A2 UNIT 3 - 90 MARKS - WRITTEN EXAM

SPORTS PSYCHOLOGY
ANATOMY & PHYSIOLOGY
SPORTS BIOMECHANICS
SPORTS SOCIOLOGY
HISTORY OF SPORT

YEAR 13 - A2 UNIT 4 - 60 MARKS

PRACTICAL PERFORMANCE, COACH OR OFFICIAL - (30)
RESEARCH PROJECT - IMPROVING PERFORMANCE (30)

Typically there are six classroom lessons a fortnight. Students can expect to be taught by several different staff who specialize within the core disciplines. The two practical lessons involve the development of performance and coaching, where students will coach and perform with their peers. Students undertake coursework in the form of planning, performing and evaluating a specific training programme arising from a weakness in their fitness within their own sporting interest.

CAREER OPPORTUNITIES

Other subjects which link well with PE are Biology, Sociology and Psychology, but any combination of subjects are possible at A Level. The subject leads seamlessly into many University courses including, Sports Science, Recreation and Leisure Management, Sports Psychology, Sports Analysis, Physiotherapy and Strength and Conditioning to name a few. There is also the option to enrol on a Post Graduate course in Education and become a PE Teacher. Most of these courses are highly sought after and oversubscribed so candidates will require excellent work ethic to achieve the highest possible grades to access the widest choices Post 18.



PROFILE

The new WJEC specification provides students with a broad and detailed subject knowledge in all components critical to the study of Physical Education and related subjects in higher education.

CONTACT

Subject Lead: Mr J Savastano

ASSESSMENT STRUCTURE

AS Level – Year 12

Unit 1 (AS) Exploring PE - 24% (Exam)
Unit 2 (AS) Improving Personal Performance - 16% (Coursework) . To Assess:

- ▶ Practical performance in one activity as a player/performer
- ▶ Practical performance as a coach or official
- ▶ Personal Performance Profile

A2 Level – Year 13

Unit 3 (A2) Evaluating PE - 36% (Exam)
Unit 4 (A2) : Refining personal performance in physical education - 24% (Coursework). To Assess:

- ▶ Practical performance in one activity as a player/performer, coach or official
- ▶ Investigative Research

Students sit units 1 and 2 in May of Year 12 and units 3 and 4 in June of Year 13.