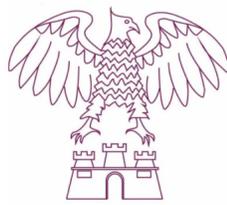


Ramadan
at Caerleon
Comprehensive
School

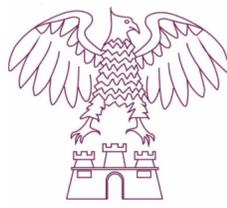




Ramadan at Caerleon Comprehensive School

We are aware that our Muslim families will be observing the most holy and joyous month of the Muslim calendar, Ramadan. At Caerleon Comprehensive School, we are aware of how important this religious month is for our students and their families and wish to provide families with some information about how students will be supported at this time.





How do we support Ramadan?

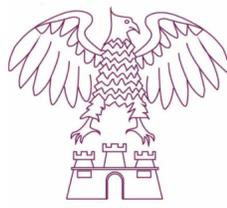
Students Feeling Unwell

We understand that students may be fasting during Ramadan and the impact that this could have on them during the school day. If a student feels faint or ill, they must tell their classroom teacher who will send them to Student Reception. We will then contact parents/carers and discuss the best course of action with you.

Assessments and Exams

Sometimes, students may be participating in assessments or formal examinations during the time that they are fasting. Teachers endeavour to timetable these activities outside of Ramadan where possible. Where this is not possible, teachers encourage students to communicate with them so that additional support for the students can be provided where possible.





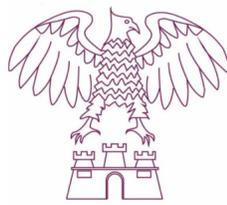
How do we support Ramadan?

PE Lessons & Games

We appreciate that this is an important time for students and that physical exercise can be difficult due to the students fasting. Those students who are observing Ramadan will still be expected to participate in PE lessons and will need to continue to bring their kit on days when they have PE lessons.

During PE lessons, technique and skill building will be emphasised over fitness training to reduce fatigue. The warm-up time will be reduced and the exercise intensity will be reduced by increasing recovery periods and decreasing the maximal heart rate invested in each exercise. The lessons may be in the form of light exercise or as a technical official (scorer/umpire) or in a coaching role. We are quite flexible about this as some of the students continue to access full lessons and others may not feel able to physically participate at all or will occasionally feel able. There are obviously other variables such as time of day, heat and activity to consider.





How do we support Ramadan?

Music Lessons

Students will not be asked to listen to music for pleasure during Ramadan, but will still follow the curriculum in music for Key Stage 3 and 4 or Sixth form.

Food Technology Lessons

Students are not required to taste the food they create in these lessons.

A Room for Prayer

Learners are welcome to join Mr Said in I10 for prayers at lunchtime.

If you have any further questions, please contact us on 01633 420106 or email us at: Caerleon.comprehensive@Newportschools.wales

